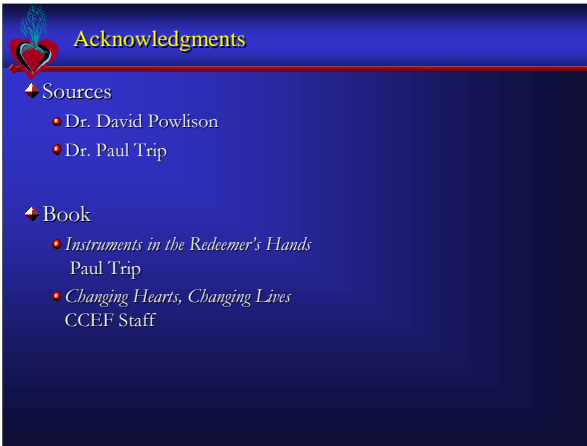




The Chapel has been very involved in Biblical Counseling from its beginning.

As we have grown and matured in the Word, we have sought to help people change through the supremacy of Christ and the sufficiency of His Word in face-to-face people ministry.

It is my joy to give you a brief overview of the Key Models in Biblical Counseling. These are the foundations the Bible has laid for us to help us in the personal ministry of the Word.



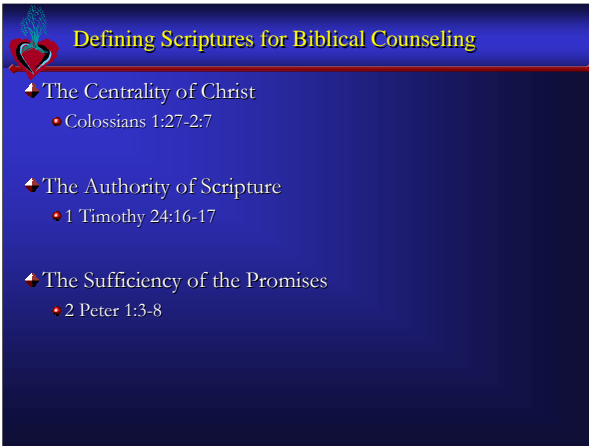
It is important to acknowledge those from whom we have gained, gleaned and grown these models. These people and books have been an important part of our ministry, both in counseling and in our discipleship of the congregation. We have taught these books and even profited from the face-to-face ministry of Paul Tripp.

## People

Dr. David Powlison  
Dr. Paul Tripp

## Books

*Instruments in the Redeemer's Hands*  
*Changing Hearts, Changing Lives*



## **Defining Scriptures for Biblical Counseling**

### The Centrality of Christ

Colossians 1:27-2:7

We are, I counseling, bringing to a person, the Lord Jesus Christ. Faith in Him, obedience to Him and walk with Him are our primary change objectives.

### The Authority of Scripture

1 Timothy 24:16-17

The standard for all Biblical Counseling is the Word of God. We affirm it for all of life and living, not just in theory, but in every aspect of holiness and godliness. It completely equips us for every good work as it is understood, taught and applied rightly.

### The Sufficiency of the Promises

2 Peter 1:3-8

We have all we need for life and godliness through a practical and productive knowledge of Jesus. We come to know Him through the promises He has given resulting in the hard work of cultivating His virtues in our lives.













