

## **Crisis Discipleship at the Chapel**

**2 Timothy 2:24-26 and Hebrews 3:12-14**

*Greg Cook*

### Introduction

- Believing that people's fundamental problems are their broken relationships with God, we counsel so as to bring them into proper relationship with God and with others, helping them handle the issues of life so as to be pleasing to God.
- Believing that the Bible is God's revelation and that it is a sufficient guide for faith and life, we counsel based on and with the Scriptures. The Bible gives us God's interpretation of our lives and how we can be pleasing to Him.

Practical Ministry at the Chapel

### Ministry – Introduction

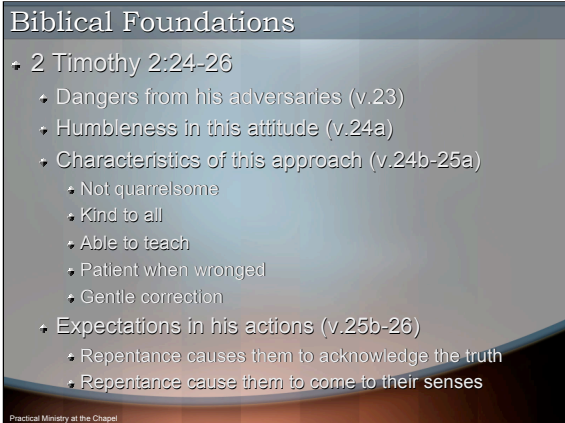
- Believing that we live in the world, created and interpreted by God and now fallen, we counsel so as to bring people to love God and love neighbor through believing obedience.
- Believing that the Bible is God's revelation and that it is a sufficient guide for faith and life, we counsel based on and with the Scriptures. The Bible gives us God's interpretation of our lives and how we can be pleasing to Him.

### Introduction

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### Ministry – Introduction (continued)

- Believing that people's fundamental problems are their broken relationships with God, we counsel so as to bring them into proper relationship with God and with others, helping them handle the issues of life so as to be pleasing to God.



## Biblical Foundations

### •2 Timothy 2:24-26

Being strong in Jesus' grace manifests itself in a gracious, patient gentleness that is willing to wait for God to do His part in people's lives.

#### •Dangers from his adversaries (v.23)

Timothy faces people who will wage war with words, overwhelm with vain and empty chatter, distract with foolish and ignorant speculations and engender quarrels. The danger from these kinds of adversaries or counselees comes when we allow their sin to cause us to respond in a wrong way.

#### •Humbleness in this attitude (v.24a)

When we are faced with overwhelming opposition that may pose suffering and call for courage, we must view ourselves as God's slave.

#### •Characteristics of this approach (v.24b-25a)

##### •Not quarrelsome

Is not given to being easily stirred up to fight.

##### •Kind to all

How easy it is in the midst of suffering and opposition to become unkind.

##### •Able to teach

We must teach our flocks, our counselees, our spouses, and our children.

##### •Patient when wronged

It is easy to become exasperated and frustrated with people's hardheartedness and stubbornness.

##### •Gentle correction

With gentleness, like child training and chastening, we correct and chasten.

#### •Expectations in his actions (v.25b-26)

After all that we do with the Word, accurately handled and ably communicated, at the end of the day, true and lasting repentance leading to change is what God and God alone does. And repentance does two very important things:

##### •Repentance causes them to acknowledge the truth

##### •Repentance causes them to come to their senses

### Mission

- Mission: To be an instrument of seeing and change in the lives of those struggling with issues of life so as to restore their relationship to God and to one another.

Practical Ministry at the Chapel

### Mission

#### **Mission:**

To be an instrument of seeing and change in the lives of those struggling with issues of life so as to restore their relationship to God and to one another.

### Objectives and Goals

- Believing that people live out how they think and what they want, we focus our counsel on both the outward and the inward, on the behavior and the heart.
- Believing that people's situations of life expose how they think and what they want, we work to understand people's situations through extensive and intensive examination of both the outward and inward aspects of a person's life.
- Believing that true life change comes through repentance in the heart, we seek to bring about heart change through the Word and Spirit of God in counsel.
- Believing that patterns and themes of sin must be changed and reinforced through godly discipline, we work to implement practical steps of action that make putting off sin and putting on righteousness a reality.

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### Agenda and Development

- Believing that the church is the central place of God's work, we counsel as a ministry of a local church. Our counseling is under the direction of and is a ministry of Clearcreek Chapel.
- Believing that people need help, we counsel people from other churches or who are not churched who are willing to commit to certain expectations.

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- Believing that we have a responsibility and an opportunity to help others to increase in their ability to counsel, we conduct formal training classes.

### How do we do it?

- + Personnel
  - + Greg Cook
  - + Dan Turner
  - + Russ Kennedy
  - + Esther Kennedy
  - + Barbara Craft
  - + Linda Rogers / Dave Hildebrand
  - + Others who are sitting in as observers

Practical Ministry at the Chapel

### Who is Involved in this Ministry?

Greg Cook

Dan Tuner

Russ Kennedy

Esther Kennedy

Barbara Craft

Linda Rogers / Dave Hildebrand

Linda is working on her counseling degree from Master's College and Dave is working on getting his NANC certification.

Others who are observing sessions in preparation for getting involved.



### How do we do it?

- Scheduling
  - The person who is in need must call for an appointment.
  - Done on Mondays, unless an emergency situation.
- Explanation given about requirements.
- Packet is sent, if there is enough time.

## What is the Procedure for the Counseling Ministry?

### •Scheduling

- The person who is in need must call for an appointment.

We have found that we have a better chance of them being ready to listen and change.

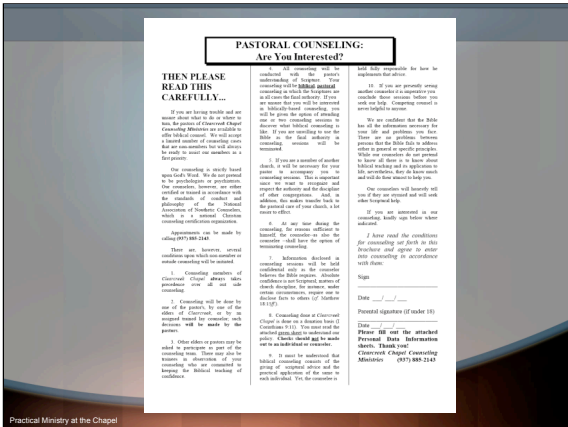
- We counsel on Mondays, unless there is an emergency situation.

We average between 800 and 900 counseling appointments per year.

### •Explanation of our requirements for receiving counseling is given

### •A packet is sent to the home, unless there is not enough time before Monday.

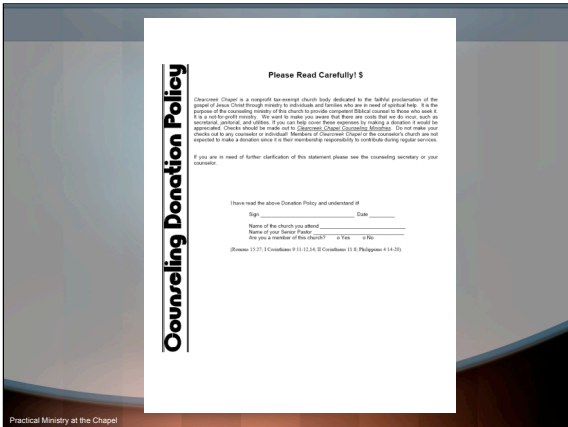
If the appointment time does not leave time for mail to be received, then the people are asked to come 1 hour early for their first appointment to complete the paperwork that we require.



### The Personal Data Inventory (PDI)

Each person completes the PDI prior to their first appointment.

This first page explains our philosophy of counseling and what we mean by Biblical confidentiality. We cannot promise that what is said during the sessions will never leave the room. Matthew 18 makes it clear that there are times when a person who continues to live in unconfessed, unrepentant sin must be confronted by an increasing circle of other believers, in order to redeem that person from their sinful state and restore to fellowship with Christ and His church.



**Page 2 of 7 of the PDI**

This page explains that this ministry is done free of charge. However, if they want to make a donation to the ministry, then that is available. These donations are used to help those whose financial condition make it almost impossible to purchase books that are used during counseling.

**IDENTIFICATION DATA**

Name \_\_\_\_\_ Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Phone \_\_\_\_\_ Business Phone \_\_\_\_\_  
Occupation \_\_\_\_\_  
Sex \_\_\_\_\_ Date of birth \_\_\_\_\_ Age \_\_\_\_\_ Weight \_\_\_\_\_  
Nationality or Ethnic Background \_\_\_\_\_  
Marital Status: Single \_\_\_\_\_ Separated \_\_\_\_\_  
                  Living Separately \_\_\_\_\_ Divorced \_\_\_\_\_  
                  Married \_\_\_\_\_ Widowed \_\_\_\_\_

Education (circle last year completed):  
Grade School 1 2 3 4 5 6 7 8 9 10 11 12  
College 1 2 3 4 5 6+  
Other training (list type and years) \_\_\_\_\_  
Referred back by (name) \_\_\_\_\_ (address) \_\_\_\_\_

**HEALTH INFORMATION**

Rate your physical health: Very Good \_\_\_\_\_ Good \_\_\_\_\_ Average \_\_\_\_\_ Declining \_\_\_\_\_  
Other \_\_\_\_\_

Your approximate weight \_\_\_\_\_ lbs.  
Recent weight changes: Lost \_\_\_\_\_ Gained \_\_\_\_\_  
List all important present or past illnesses, injuries or handicaps \_\_\_\_\_  
Date of last medical examination \_\_\_\_\_ Report \_\_\_\_\_

Physician \_\_\_\_\_ Address \_\_\_\_\_

Have you used drugs for other than medical purposes? Yes \_\_\_\_\_ No \_\_\_\_\_  
What drug(s)? \_\_\_\_\_

Are you presently taking medication? Yes \_\_\_\_\_ No \_\_\_\_\_ What? \_\_\_\_\_  
Prescribing Physician \_\_\_\_\_ Address \_\_\_\_\_

Have you ever had a serious emotional upset? Yes \_\_\_\_\_ No \_\_\_\_\_  
Have you ever had any psychotherapy or counseling? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, list name(s)  
of counselor(s) and dates: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

(continued on next page)  
THIS INFORMATION WILL BE KEPT IN THE STRICTEST CONFIDENCE AND ACCESSIBLE TO OTHERS ONLY AS NECESSARY.

**Page 3 of 7 of the PDI**

This begins the personal information part. We ask for information about who you are and about recent health and doctor visits. Sometimes changes in medications can cause things like depression.

Are you willing to sign a release of information form so that your counselor may write for helpful social, psychiatric, or medical reports? Yes \_\_\_ No \_\_\_

Have you ever been arrested? Yes \_\_\_ No \_\_\_ When \_\_\_/\_\_\_/\_\_\_ Why? \_\_\_\_\_

**RELIGIOUS BACKGROUND**

Denominational preference \_\_\_\_\_

Name of the church currently attending \_\_\_\_\_

Church attendance per month (circle) 0 1 2 3 4 5 6 7 8 9 10r

Church attendance in childhood \_\_\_\_\_

Have you ever been baptized? Yes \_\_\_ No \_\_\_

Religious background of spouse (if married) \_\_\_\_\_

Do you consider yourself a religious person? Yes \_\_\_ No \_\_\_ Uncertain \_\_\_

Do you believe in God? Yes \_\_\_ No \_\_\_ Uncertain \_\_\_

Do you pray to God? Never \_\_\_ Occasionally \_\_\_ Often \_\_\_

Are you saved? Yes \_\_\_ No \_\_\_ Not sure what you mean \_\_\_

How much do you read the Bible? Never \_\_\_ Occasionally \_\_\_ Often \_\_\_

Explain recent changes in your religious life, if any: \_\_\_\_\_

**PERSONALITY INFORMATION**

Circle any of the following words which best describe you now:

active	ambitious	self-confident	pragmatic
nervous	hardworking	empathetic	impulsive
friendly	affectionate	creative	imaginative
calm	serious	easy-going	shy
intuitive	outgoing	blunt	good-natured
leader	ideal	hard-headed	submissive
self-conscious	lonely	sensitive	other _____

Have you ever had people come watching you? Yes \_\_\_ No \_\_\_

Do people's faces ever seem detached? Yes \_\_\_ No \_\_\_

Do colors seem too bright? Yes \_\_\_ No \_\_\_

Do colors seem too dull? Yes \_\_\_ No \_\_\_

Are you able to judge distance? Yes \_\_\_ No \_\_\_

Have you ever had hallucinations? Yes \_\_\_ No \_\_\_

Are you afraid of being in a car? Yes \_\_\_ No \_\_\_

What difficulties do you have in hearing (if any)? \_\_\_\_\_

(continued on next page)  
THIS INFORMATION WILL BE KEPT IN THE STRICTEST CONFIDENCE ACCORDING TO DENOMINATIONAL GUIDELINES.

**Page 4 of 7 of the PDI**

Religious background is an important item as well as their current spiritual situation. Asking them about how they perceive themselves is also helpful.

**MARRIAGE INFORMATION** (If never married, check \_\_\_\_\_ and omit this section)

Name of spouse \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_  
 Business Phone \_\_\_\_\_ Occupation \_\_\_\_\_  
 Is spouse willing to come for counseling? Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_  
 Have you ever been separated? Yes \_\_\_\_\_ No \_\_\_\_\_  
 Have either of you ever had a divorce? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, when? \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Date of this marriage \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Your ages when married: husband \_\_\_\_\_ wife \_\_\_\_\_  
 How long did you know your spouse before marriage? \_\_\_\_\_ years \_\_\_\_\_ months  
 Length of steady dating with spouse? \_\_\_\_\_ years \_\_\_\_\_ months  
 Length of engagement? \_\_\_\_\_ years \_\_\_\_\_ months  
 Your spouse's age \_\_\_\_\_ Education (years) \_\_\_\_\_ Religion \_\_\_\_\_  
 Give brief information about any previous marriages: \_\_\_\_\_  
 Broken by divorce? Yes \_\_\_\_\_ No \_\_\_\_\_ Broken by Death? Yes \_\_\_\_\_ No \_\_\_\_\_

**Information about children:**

Sex	Name	Age	Sex	Living	Parental status	Marital status
YES	NO	YES	NO	Single	Married	
YES	NO	YES	NO	Single	Married	
YES	NO	YES	NO	Single	Married	
YES	NO	YES	NO	Single	Married	
YES	NO	YES	NO	Single	Married	
YES	NO	YES	NO	Single	Married	
YES	NO	YES	NO	Single	Married	
YES	NO	YES	NO	Single	Married	

\*Check this column if child is by previous marriage

**PARENTAL FAMILY HISTORY**  
 If you were raised by anyone other than your own parents, briefly explain: \_\_\_\_\_  
 \_\_\_\_\_  
 Answer this section describing your own parents (or parent substitute):  
 Did it hurt? Father Yes \_\_\_\_\_ No \_\_\_\_\_ Mother Yes \_\_\_\_\_ No \_\_\_\_\_  
 Religious education: Father \_\_\_\_\_ Mother \_\_\_\_\_  
 Church attendance per month: Father 1 2 3 4 5+ Mother 1 2 3 4 5+  
 Occupation: Father \_\_\_\_\_ Mother \_\_\_\_\_  
(continued on next page)  
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Page 5 of 7 of the PDI

We gather info about their current marriage and any previous marriages. What children are involved, both from previous marriages and the current marriage. We also collect info on their family while they were growing up.

Are your parents still living together? Yes \_\_\_ No \_\_\_  
If not, cause of separation: \_\_\_\_\_  
When separated: \_\_\_\_\_  
Rate your parents' marriage: \_\_\_\_\_  
Unhappy \_\_\_\_\_ Average \_\_\_\_\_ Happy \_\_\_\_\_ Very Happy \_\_\_\_\_  
As a child, did you feel closest to your: Father \_\_\_\_\_ Mother \_\_\_\_\_ Another \_\_\_\_\_  
Rate your childhood: \_\_\_\_\_  
Unhappy \_\_\_\_\_ Average \_\_\_\_\_ Happy \_\_\_\_\_ Very Happy \_\_\_\_\_  
How many brothers and sisters do you have? \_\_\_\_\_ Brothers \_\_\_\_\_ Sisters \_\_\_\_\_  
How many older brothers and sisters do you have? \_\_\_\_\_ Brothers \_\_\_\_\_ Sisters \_\_\_\_\_

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**Page 6 of 7 of the PDI**  
This is a continuation of family history.

NAME \_\_\_\_\_

BRIEFLY ANSWER THE FOLLOWING QUESTIONS:

1. What is the main problem, as you see it? What brings you here?
2. What have you done about it?
3. What can we do? What are your expectations in coming here?
4. As you see yourself, what kind of person are you? Describe yourself.
5. Is there any other information we should know?
6. Please list previous counseling you have had and approximate dates, including hospitalizations.
7. Please list any medications you are presently taking, purpose of each medication, and dosage.

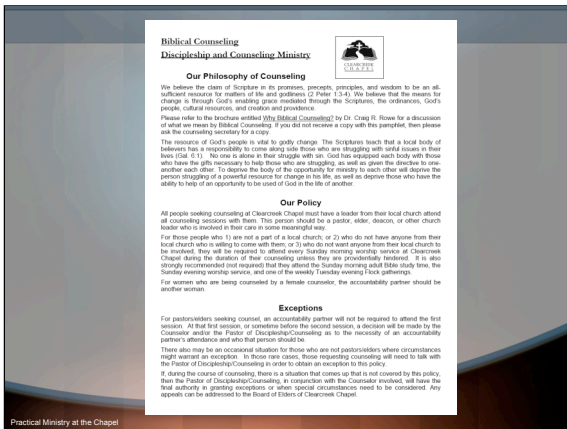
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Practical Ministry at the Chapel

## The last page of the PDI

This is an important page for this first session. This asks 7 questions about their perception of the current situation. The first three involve what is the problem from your point of view, what have you done about it, and what do you expect me to do about it. In other words, why are you here and what are your expectations.



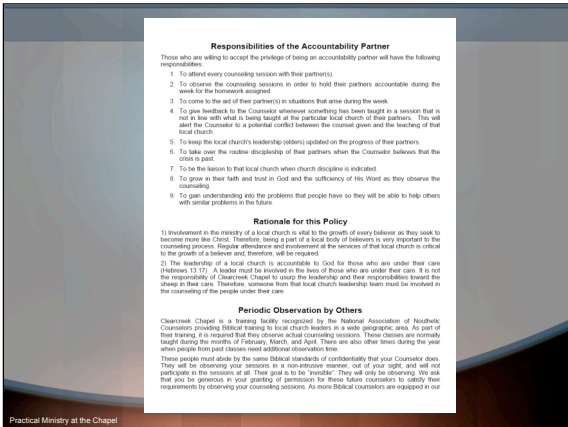


## Our Philosophy of Counseling

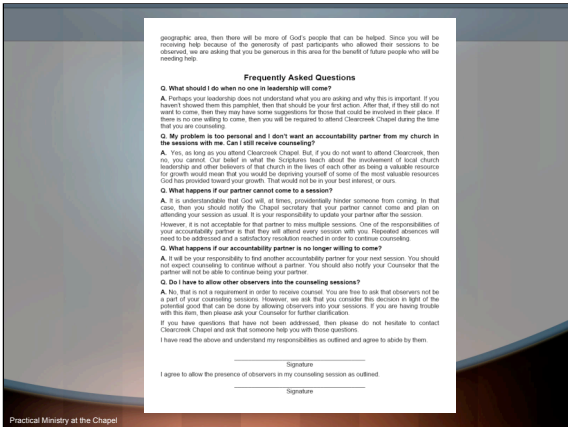
We had a large and long waiting list. My observations were that people who did not have a good solid Biblical foundation were taking many appointments. So I put together this philosophy which requires that people coming from other churches must have their pastor, or other leader, accompany them to their sessions. This person has the responsibility to help them during the week when they are struggling, as well as tell me when I am teaching something that is in opposition to what they believe and teach at their church.

There were a couple of reasons for this philosophy and policy. First, I wanted pastors to come so they could see that they were competent to counsel, even though they were taught at Bible college and seminary that they weren't. Second, we are not accountable for their sheep; they are. Third, there needs to be someone there who can give a report to the church of what has been going on when the need to begin church discipline arises. And fourth, I found that when the person's church teaches differently from what I teach in the session, then I'm the one who is doubted. I need to know that at the time I am teaching, not a month later.

This policy reduced our waiting list by 75%, as people found that their leadership was not willing to come, or that they didn't trust anyone at their church with their situation, therefore, wouldn't allow anyone in the sessions.



Second page of the philosophy



Third page of the philosophy



### Why Biblical Counseling?

The third piece that is sent as part of the packet is this brochure written by Craig Rowe. It explains what we mean by biblical counseling and what they can expect from our time together. We want them to know from the beginning that we are different from all of the counseling they have been exposed to in the past.



Inside of the brochure

### Typical Session

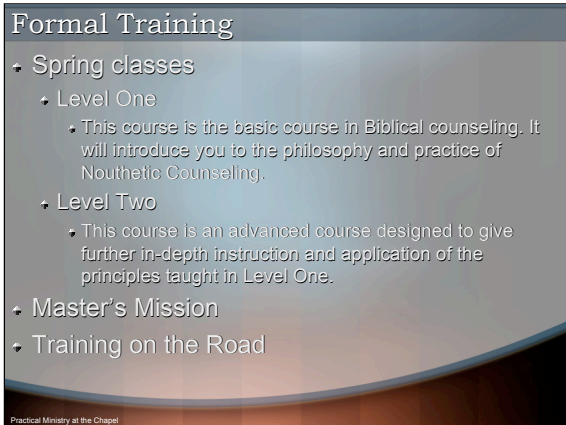
- Asking questions. Listening well.
- Responding from the Scriptures according to the need.
- Growth and change activities (homework)

Practical Ministry at the Chapel

### What is a Typical Session Like?

- **We ask a lot of questions and try to listen well.**
- **We attempt to respond from the Scriptures in an appropriate way according to what is needed.**
- **We end with growth and change activities (also known as homework) for them to work on during the week.**

This is not the magic hour when everything happens. Becoming more like Christ is a daily task which requires diligent work. It is explained that this is a very important part of this process and laziness is not an option.



## Formal Training

### Level One

This course is the basic course in Biblical counseling. It will introduce you to the philosophy and practice of Nouthetic Counseling.

### Level Two

This course is an advanced course designed to give further in-depth instruction and application of the principles taught in Level One.

### Employee Assistance Program

We provide life changing counsel to assist employers and HR departments who have people struggling with addictions. We provide group based Care and Recovery classes. A facilitating counselor on the staff conducts the sessions with personal or video material by well-respected instructors.

### Master's Mission

Located outside of Robinsville, NC, this facility trains missionary candidates to live in 3rd world countries without the basics (electricity, running water, etc) in places like Kenya, Africa. We have the opportunity to train them in Biblical principles that transcend culture.

### Training on the Road

We have had the opportunity to teach the Level One class to a large group up in Mansfield, OH, and are open to doing this in other places where we are invited.

### Other Ministry Opportunities

- Employee Assistance Program
  - We provide life changing counsel to assist employers and HR departments who have people struggling with addictions. We provide group based Care and Recovery classes. A facilitating counselor on the staff conducts the sessions with personal or video material by well-respected instructors.

Practical Ministry at the Chapel

### Employee Assistance Program

We provide life changing counsel to assist employers and HR departments who have people struggling with addictions. We provide group-based Care and Recovery classes using Ed Welsh's "Addictions -- A Banquet in the Grave" materials. A facilitating counselor on the staff conducts the session with personal or video material by well-respected instructors.

Dan Turner has put this program together and is attempting to market it to area employers.



### Future Ministries

- Instruments of Change curriculum
- Level Three
- Counseling Newsletter

### **Future Ministries**

#### **Instruments of Change curriculum**

Several of us have been trained in the curriculum put out by CCEF and we are investigating the best delivery system for that training.

#### **Level Three**

This would be a module-based approach to looking in-depth into such topics as marriage and child-rearing.

#### **Counseling Newsletter**

This would be a period piece that would be sent to past counseling class members as an update of what is going on in counseling, new resources, and what is happening at the Chapel.

### Conclusions

- ✦ God has made us to be counsel receivers and in need of counsel.
- ✦ We believe that He is the only One Who has the answers.
- ✦ We desire to have our Personal Ministry of the Word:
  - ✦ To be done for His Glory;
  - ✦ Using His methods and resources;
  - ✦ By all who call upon His Name.

Practical Ministry at the Chapel

### Conclusions

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**We believe that he is the only One Who has the answers.**

**We desire to have our Personal Ministry of the Word:**

To be done for His Glory;

Using His methods and resources;

By all who call upon His Name.

I would like to have it be said about Clearcreek Chapel that it is a place where everyone counsels each other Biblically at all times.